

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM & PM Snack includes fresh fruit + grains Lunch entree includes 6 oz of whole fat milk			1 Grapes French Toast Sticks + Chicken Sausages + quiche Graham Crackers	2 Melon Cheese Pizza + Yogurt Wheat Crackers
5 Watermelon Chow Mein Noodles + Egg Rolls Granola Bar	6 Bananas Cheese + carnitas quesadilla +steamed broccoli Graham Crackers	7 Oranges Chicken Nuggets + Cheese Stick + Veggie Wheat Crackers	8 Apples Steamed pork buns + veggie sticks + roasted potatoes Cheese Crackers	9 Oranges Cheese Pizza + Yogurt Breakfast Bar
12 Melon Rice + teriyaki chicken + Seaweed Pretzels	13 Grapes Fish Sticks + Corn Cobb + Mac & Cheese Rice Crackers	14 Pears Garlic Chicken Pasta Snap Peas	15 Bananas Naan + Butter Chicken + Bell Peppers Plantain Chips	16 Peaches Cheese Pizza + Yogurt Granola
19 Strawberries Mini corn dogs + Cheese Stick + cucumbers Pita Chips	20 Bananas Spaghetti + Meatballs in Marinara Sauce Graham Crackers	21 Melon Teriyaki Chicken Rice Bowl Wheat Crackers	22 Apples Pesto Pasta + tomatoes + ham Cheese Crackers	23 Oranges Cheese Pizza + Yogurt Breakfast Bar
26 Melon Baked Potato + Scrambled Eggs + Carrots Pretzels	27 Watermelon Mini corn dogs + Cheese Stick + cucumbers Granola Bar	28 grapes French Toast Sticks + Chicken Sausages + quiche Graham Crackers	29 Blueberries Mac & Cheese + Chicken Meatballs + Carrots Snap Peas	30 strawberries Cheese Pizza + Yogurt Rice Crackers

Menu subject to change based on product availability

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